

## ESSENTIAL OIL DIFFUSERS

**Section:** Residence Halls

**Policy:** To promote a healthy living environment, the use of essential oil diffusers is prohibited in the residence halls.

**Purpose:** The purpose of this policy is to provide guidelines for residents, guests and staff members regarding essential oil diffusers to help ensure a healthy living environment in all residential facilities.

**Scope:** This policy applies to all staff, residents, visitors and guests of University Housing.

**Background:** Essential oils are known to contribute to skin irritation, allergic reactions, respiratory symptoms and even hormone-related symptoms in some individuals. In addition, when not properly cleaned, mold can form and collect within these diffusers – further spreading spores into the living environment upon use.

**Procedure:**

- I. If an essential oil diffuser is seen or used in University Housing, residents will be asked to unplug, pack and/or remove the device from the premises.

Reviewed: March 14, 2023

Created and approved by management team: February 1, 2022